• Reading materials that students themselves may feel the need of should be provided.
• Many students admit that they are unable to spare time in their everyday activity. So regular reading hours can be included in the academic schedule to encourage reading practice.
• Books that are of the immediate interest of students should be made available in department libraries.
• Booktalks should be encouraged in the classroom setting.

References
Clay, M.M. 1998, By different paths to common outcomes, Stenhouse, Yorke, Main.i


Schedule time to meditate, walk, and read for pleasure. Exercise, dance, do yoga, get enough rest, and eat healthy foods. Keep a gratitude journal and remind yourself that you are blessed with a full and rewarding life. Create positive time. Don’t buy your children toys to replace spending time with them. You can enjoy each other as you study together, garden, take walks, read, play games, or watch a favorite television show. The activity is secondary to your uninterrupted presence. In the work area, you may be a manager, a part-time worker, or an assistant. Accompanying each role in your life are certain goals. Some goals demand greater time than others, requiring trade-offs. After reading thousands of books, I’ve found that understanding and using mental models is one of the most universal skills that EVERYONE should learn. It provides a strong foundation of knowledge that applies across every field. So when you jump into a new field, you have preexisting knowledge you can use to learn faster. Communicate the value of your skills to others. The busiest, most successful people in the world find at least an hour to learn EVERY DAY. So can you! Just three steps are needed to create your own learning ritual: Find the time for reading and learning even if you are really busy and overwhelmed. Stay consistent on using that “found” time without procrastinating or falling prey to distraction.