

Eugene H. Peterson
Eat This Book
The Art of Spiritual Reading
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The English English reader notices from page 1 that this is an American English book. So, at the head of this review comes a warning - don't be put off! Eugene Peterson is an authoritative voice among English speaking Christians in the 'spiritual theology' field and he is well worth listening to.

This book, which is delightfully written, holds together prayer and the Bible in a compelling way. For Peterson, prayer is the breath of the Christian and scripture is the oxygen in the atmosphere she breathes. The central section of the three into which the book falls is also the heart of it - "Lectio Divina". Lectio, Meditatio, Oratio, Contemplatio - Reading, Meditation, Prayer, Contemplation - all cease to be lifeless definitions of a mechanical process and come to life as a vital pilgrimage for the Christian disciple.

So - buy Eat This Book - and eat it!

Anselm SSF

Continuing Peterson's major evaluation of contemporary Christian spirituality, EAT THIS BOOK focuses on spiritual reading. Taking its title from the angel's instruction to John in the book of Revelation: 'Take it and eat it; it will be bitter in your stomach, but sweet as honey in your mouth', EAT THIS BOOK discusses the benefits of reading Scripture and the challenges of engaging with it today. As with other books in the series, EAT THIS BOOK is written for both academic and lay audiences. Challenging but rewarding, it combines first-rate scholarship with illustrations dra Product Information. Eat This Book challenges us to read the Scriptures on their own terms, as God's revelation, and to live them as we read them. With warmth and wisdom Peterson offers greatly needed, down-to-earth counsel on spiritual reading. In these pages he draws readers into a fascinating conversation on the nature of language, the ancient practice of lectio divina, and the role of Scripture translations; included here is the inside story behind Peterson's own popular Bible translation, The Message."Â I am loving this book. Eugene Pederson adds such clarity to spiritual concepts. It is a wonderful book because it emphasizes the importance of taking in the word, making it a part of our soul, and using its energy to live our daily lives. X. Previous image. Read this book if you would like to dabble into spiritual books but arenâ€™t quite sure where to start. Get it on Amazon. Your emotions are the slave to your thoughts, and you are the slave to your emotions. Elizabeth Gilbert- Best Spiritual Books. 7- Eat, Pray, Love. Elizabeth Gilbert. Eat, Pray, Love landed on the New York Times bestseller list, and was eventually made into a movie starring Julia Roberts. Eat, Pray, Love follows the personal journey of a woman who is struggling deeply with her sense of purpose, and whose world seems to be collapsing around her. It is the story of a woman in pa