

Man Eating Bugs

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Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio.

Contents

- 1 Book summary
- 2 Reception
- 3 See also
- 4 References
- 5 External links

Book summary

The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include *Theraphosa blondi* (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. Faith recommends that people who are new to insect eating start with insects that crisp up well when roasted and avoiding things like worms, which are too chewy, or cicadas, which are too fleshy and tough.^[1]

Reception

It was reviewed by Whole Earth,^[2] New Scientist,^[3] and Salt Lake Tribune.^[4]

See also

- Entomophagy
- The Eat-A-Bug Cookbook*

References

- Austin Chronicle (http://www.austinchronicle.com/gyrobase/Issue/story?oid=oid%3A521699)
- Whole Earth (http://www.highbeam.com/doc/1G1-19777385.html)
- New Scientist (http://www.newscientist.com/article/mg16121795.700-yum-yum-yum.html)
- Salt Lake Tribune (http://nl.newsbank.com/nl-search/we/Archives?p_product=SLTB&p_theme=sltb&p_action=search&p_maxdocs=200&p_topdoc=1&p_text_direct-0=100F2B9F897949B2&p_field_direct-0=document_id&p_perpage=10&p_sort=YMD)

External links

- The Independent (http://www.independent.co.uk/life-style/eating-insects-tickle-your-taste-buds-1070582.html)
- Book review - Man Eating Bugs (http://opengrowd.com/book/book-review-man-eating-bug-art-and-science-eating-insects)

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Categories: 1998 books | Books about food and drink | Insects as food | Food and drink publication stubs

Man Eating Bugs



Author	Peter Menzel and Faith D'Alusio
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Man Eating Bugs: The Art and Science of Eating Insects is a non-fiction book by Peter Menzel and Faith D'Alusio. Contents. 1 Book summary. Book summary. The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include Theraphosa blondi (a bird-eating tarantula), jumul stinkbugs, witchetty grub, and silkworms. They are also the co-authors of Man Eating Bugs and Robo sapiens: Evolution of a New Species. They live in Napa, California, and are the parents of Josh, Jack, Adam, and Evan. PETER MENZEL and FAITH D'ALUISIO are the co-creators of the books Material World: A Global Family Portrait and Women in the Material World. In general Peter Menzel and Faith D'Alusio have written a book in "Man Eating Bugs: The Art and Science of Eating Insects" that is largely color photos. But what photos!