**Man Eating Bugs**

*Man Eating Bugs: The Art and Science of Eating Insects* is a non-fiction book by Peter Menzel and Faith D'Alusio.

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### Book summary

The authors traveled to 13 countries to taste insects. The book talks about eating insects and how to harvest them. The insects in the book include *Theraphosa blondi* (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. Faith recommends that people who are new to insect eating start with insects that crisp up well when roasted and avoiding things like worms, which are too chewy, or cicadas, which are too fleshy and tough.[1]

### Reception

It was reviewed by Whole Earth,[2] New Scientist,[3] and Salt Lake Tribune.[4]

### See also

- Entomophagy
- The Eat-A-Bug Cookbook

### References

2. Whole Earth (http://www.highbeam.com/doc/1G1-19777385.html)

### External links

- The Independent (http://www.independent.co.uk/life-style/eating-insects-tickle-your-taste-buds-1070582.html)


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1 Book summary.

The book is about eating insects and how to harvest them. The insects in the book include Theraphosa blondi (a bird-eating tarantula), jumil stinkbugs, witchetty grub, and silkworms. They are also the co-authors of Man Eating Bugs and Robo sapiens: Evolution of a New Species. They live in Napa, California, and are the parents of Josh, Jack, Adam, and Evan. PETER MENZEL and FAITH D'ALUISIO are the co-creators of the books Material World: A Global Family Portrait and Women in the Material World. In general Peter Menzel and Faith D'Aluisio have written a book in "Man Eating Bugs: The Art and Science of Eating Insects" that is largely color photos. But what photos!