

cluded and convey a sense of authenticity and openness, which is deepened by Fitzgerald's self-revelations. The work is highly recommended as an introduction to marital therapy.—*Maynard Calnek, Clinical Social Worker, Reiss-David Child Study Center, Los Angeles*

FROMM, Erich *The Anatomy of Human Destructiveness*. 478p bibliog. index. Holt 1973. \$12.50. ISBN 0-03-007596-3 LC 73-3698. PSYCH

This is a work of broad scope and prodigious scholarship. In addition to utilizing his own extensive clinical experience and his research in social psychology, Fromm draws extensively on data from neurophysiology, animal behavior studies, paleontology, anthropology, and sociology. In Parts 1 and 2, the author confronts the errors and inadequacies he finds in previous efforts to explain the origins and causes of aggression. He is critical of instinctivists Freud and Lorenz; he blasts the environmentalists and behaviorists, with special attention to "naive rationalist" Skinner. In Part 3, Fromm distinguishes "biologically adaptive aggression which serves life," whether in the world of animals or man, from malignant aggression or destructiveness. This destructiveness is specifically human and "results from the interaction of various social conditions with man's existential needs." Fromm then examines this interaction in detail and illustrates his theory with case studies of Stalin, Himmler, and Hitler. This book

will infuriate the true believers in several schools of contemporary psychological thought, but most readers will find it immensely instructive and stimulating.—*George Bryan, Supervising Analyst, Community Guidance Service, New York*

HALL, Robert E., M.D. *Sex: an Advanced Primer*. 120p. illus. index. Doubleday. Dec. 1973. \$4.95. LC 72-92217. PSYCH

Another manual of the sort intended to bring spice back into the marital sexual relationship, this one briefly covers the typical topics: anatomy, techniques, frequency, "psychology" of sex, fidelity, disease, and birth control. The depth of coverage is minimal, the writing style is near juvenile, and the author says nothing that has not been said by hundreds of others before.—*JoAnn Brooks, Institute for Sex Research Library, Indiana University, Bloomington*

NEWHORN, Paula. *Primal Sensuality: New Horizons and Explorations for Lovers* 320p. Putnam. 1973. \$7.95. LC 73-87199. PSYCH

Primal Sensuality is a sex manual made up almost entirely of sensory awareness "exercises." These range from masturbatory explorations, designed to increase knowledge of one's own body, to two-person pleasuring such as recommended by Masters and Johnson to treat orgasmic dysfunction. The emphasis for both sexes is on savoring and enjoying a

wide variety of experiences, while learning to let go of inhibitions. A California housewife, Newhorn derives her approach from her experiences at the Esalen Institute and similar growth centers; she has herself presented these exercises and techniques at "seminars in primal sensuality" (no relation to Janov's primal therapy). Her style is warm and personal. Recommended.—*Martha Cornog, formerly at Haddonfield Public Library, N.J.*

NIERENBERG, Gerald I. & Henry H. Calero. *Meta-Talk: Guide to Hidden Meanings in Conversations*. 168p. bibliog index. Trident. Jan. 1974. \$6.95. ISBN 0-671-27115-6. LC 73-82875. COMM/PSYCH

A spate of recent books dealing with interpersonal relations are predicated upon one notion: you can't rely on appearances. These authors go behind the words spoken in everyday discourse to suggest what is often really said, and to recommend ways to improve communications in various situations. Along the way, they offer brief, useful summaries of landmark work in psychology and linguistics, from Aristotle to the general semanticians Nierenberg and Calero are officers of the Negotiation Institute, and Nierenberg has written before on business negotiations. Thus, their approach tends to be a little more pragmatic than is usual in works of this kind. It's well written and recommended.—*Frederick G Cook, Norwich University Library, Northfield, Vt*



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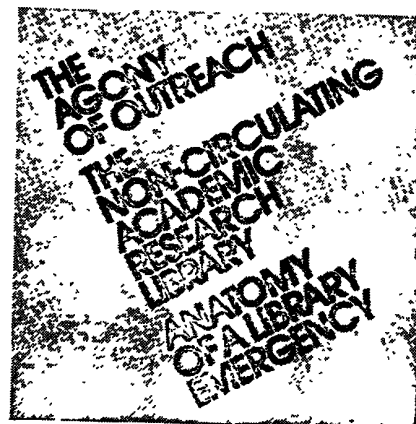
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Save For Later Save The Anatomy of Human Destructiveness For Later. Create a List. Download to App. Share. Book Information. Aggression has driven us to great heights and brutal lows. In *The Anatomy of Human Destructiveness*, renowned social psychologist Erich Fromm discusses the differences between forms of aggression typical for animals and two very specific forms of destructiveness that can only be found in human beings: sadism and necrophilic destructiveness. His case studies span zoo animals, necrophiliacs, and the psychobiographies of notorious figures such as Adolf Hitler and Joseph Stalin. Through his broad scholarship, Fromm offers a comprehensive exploration of the human impulse for violence. American psychoanalyst Erich Fromm in *The Anatomy of Human Destructiveness* (1973), which described biophilia as "the passionate love of life and of all that is alive." The term was later used by American biologist Edward O. Wilson in his work *Biophilia* (1984), which proposed that the tendency of humans to "Read More. Inspire your inbox " Sign up for daily fun facts about this day in history, updates, and special offers.